

E F S H T

EF SHT NEWSLETTER



EF SHT is not a just European structure –its you!

Did you know that across Europe, more than 5,200 hand therapists are connected through one shared professional home: the European Federation of Societies for Hand Therapy -EFSHT? Whether you work in a hospital, private practice, rehabilitation centre or academic setting, the EFSHT represents you at the European level.

Discover our new website
www.EFSHT.com

We are excited to invite you to explore our brand new EFSHT website. There you will find:

- Information about ECHT certification
- Updates from the committees
- European educational initiatives
- Congress news
- Resources and networking opportunities

It is designed to be a hub for European hand therapists informative, accessible, and inspiring. We warmly encourage you to visit, explore, and stay connected.

EF SHT delegates at 2026 Council Meeting in Basel

Who and What is EFSHT?

EFSHT is a non-profit organization dedicated to promote the development of hand therapy across Europe. Our core mission is:

- To increase interest and exchange of knowledge in hand therapy
- To coordinate activities among European national societies
- To share scientific experience and research with colleagues, hand surgeons and allied professionals
- To expand the practice of hand therapy so more patients receive high-quality treatment

We believe that collaboration across borders strengthens clinical practice, education, and research, and ultimately improves patient outcomes.



EUROPEAN FEDERATION
OF SOCIETIES FOR HAND THERAPY

How does the EFSHT operate?

EFSHT operates through a structured and democratic framework:

Council Meeting (CM)

The Council Meeting is our highest decision-making body, which consists of one delegate from each national member society. We meet once a year during the European Congresses and besides working hard, we also have a lot of fun!

Committees

The Executive Committee (ExCom) carries out the resolutions and activities decided by the Council. It is supported by the following committees, which turn ideas into action:

- Education Committee
- ECHT Committee
- Scientific Committee
- Congress Committee
- Communication Committee

All EFSHT work is voluntary driven by dedicated and motivated professionals from across Europe who invest their time to strengthen our field.

Are you interested in participating actively and contributing to our European hand therapy community? Contact your National Hand Therapy Society or e-mail us at Secretary@EFSHT.com

European Certified Hand Therapist (ECHT)

The EFSHT proudly awards the title European Certified Hand Therapist (ECHT). This certification:

- Builds on national qualifications
- Recognises highly qualified hand therapy specialists
- Promotes excellence and harmonisation of standards across Europe
- Highlights advanced competence in clinical reasoning, experience, and continuing professional development

If you are passionate about professional growth, ECHT may be your next step!

Read More at EFSHT.com

2026 ExCom members



Stay engaged!

EFSHT is more than an organisation, it is a network of colleagues committed to excellence, collaboration, and professional development. Together, we continue to advance hand therapy across Europe, for our profession and for our patients.

Do you want to make sure not to miss out on any news? Follow us on social media. We are looking forward to connecting and exchanging!

